

Children and Youth - Service & Activities – Brainstorm Chart

Brainstorm Ideas for each box	Service				Activities			
	Spiritual	Social	Physical	Intellectual	Spiritual	Social	Physical	Intellectual
Fun								
Engaging								
Build Testimony								
Strengthen Family								
Personal Growth								
Needs								
Interests								
New Experience								
Life Skills								
Priesthood Duties								
Covenant Responsibilities								
Individual, Family, or Group Goals								

This brainstorming chart was developed from quotes from the church website (links below) about how to plan service and activities.

- “Children and Youth of The Church of Jesus Christ of Latter-day Saints is a new effort to help the rising generation strengthen their faith in Jesus Christ and progress along the covenant path as they meet life’s challenges. ...The new Children and Youth effort includes three areas of focus: Gospel learning, Service and activities, Personal development.” (page 2)
 - Note: This brainstorm chart is for the 2nd area of focus: Service and Activities.
- “Quorum and class presidencies, with the assistance of their adult leaders, plan and implement service and activities that are fun and engaging and that build testimonies, strengthen families, and foster personal growth. Activities should be balanced among the four areas of growth: spiritual, social, physical, and intellectual.” (page 4)
- “**What should determine the focus of service and activities?** Service and activities should be balanced across the four areas of growth (spiritual, social, physical, and intellectual) suggested by Luke 2:52 and grow out of the needs and interests of individuals, families, quorums, classes, and Primary activity groups. They can introduce children and youth to new experiences, teach them life skills, and help them fulfill their priesthood duties and covenant responsibilities. Where it is helpful, an activity may occasionally support an individual, family, or group goal.” (page 6)
- “Service and activity ideas are available at childrenandyouth.churchofjesuschrist.org and, beginning in 2020, on the Gospel Living app.” (page 4)

Here’s the link: <https://www.churchofjesuschrist.org/letters?clang=eng&id=17313&lang=eng&source=all&inline=true>

“Parents can help a child or youth identify how he or she wants to grow.” (page 7)

For more guidelines/ideas: <https://www.churchofjesuschrist.org/youth/childrenandyouth/for-children?lang=eng>