

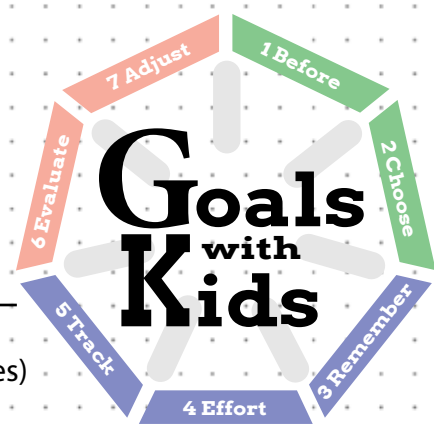
3 Conversation 2

- 1. What went well? Why did it go well?
- 2. What didn't go well?
- 3. What did I learn?

Also reflect: How can I use what I have learned?
Do I need to "adjust" my next "Goal Loop".

1 Conversation 1

What do I want in my future?
Make a list and choose one Goal. Circle it.
Record: Why is this Goal important to me?



2 Grand Pause (for Parents and Parent Coaches)

Discovery time using Goal Loops (for Goal Setters)