

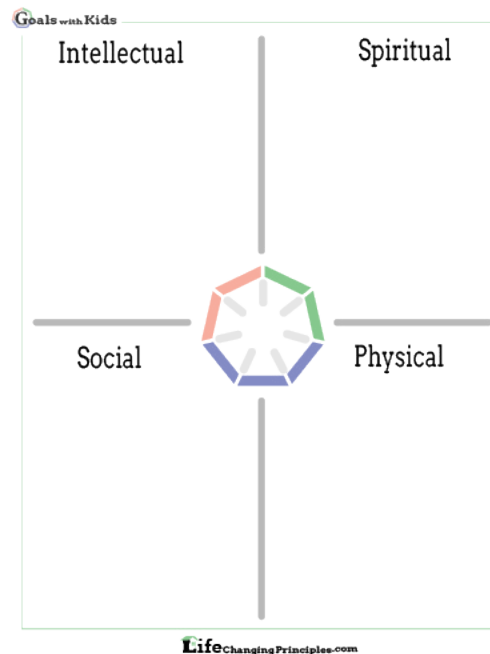


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Brainstorm Goals



This chart gives you the opportunity to brainstorm goals with your kids. Here are a few questions you could ask. It's helpful to brainstorm in multiple areas to get more ideas.



[Click chart to print](#)

- What are you interested in?
- What do you want to learn or try?
- What do you do well?
- What do you want in your future?
- What do you need to prepare for next week, next month, or next year?
- What skills do I want to learn?
- What do I need to prepare for in my life?
- What roles do I have?
- How can I contribute?
- What skills do you need to learn or practice before you live on your own?

